

Current Rehab funding needs

Rehab has a number of strategic projects in communities all over Ireland in need of financial support. These range in value from \$5,000 for computer equipment in a number of locations to \$2m to provide a new resource center – a day service for people with disabilities – in Sligo in the North West of Ireland.

Any contribution towards a funding need is welcomed and Rehab can offer a range of naming and recognition options to donors.

Here is a selection of projects we're currently fundraising for

Project	Location	Value
Computers	Dublin	\$5,000
Cars		
Residential home service	Ennis, County Clare	\$32,000
Resource center – day service	Shannon, County Clare	\$32,000
Resource center – day service	Monaghan, County Monaghan	\$32,000
Mini vans		
Resource center	Limerick City	\$60,000
Children's respite home	Patrickswell, County Limerick	\$60,000
New accommodation services and resource center - to complete the fit-out of new building	Thurles, County Tipperary	\$50,000
HeadsUp suicide prevention project	This project is available across Ireland being both community and web-based	\$60,000
Text service		\$37,000
Website maintenance		\$98,000
Support programmes		
A support club at the weekends for those with Asperger's Syndrome	Tullamore, County Offaly and other midlands areas	\$60,000
Quiet room facility to provide a relaxation space	Castlerea, County Roscommon	\$60,000
Vegetable garden project – clients learn to grow their own produce. Project also linked in with local homeless charity.	Dundalk, County Louth	\$25,000 per year to run
Transition program for students with disabilities between High School & College	Pilot to take place in Cork	\$150,000
Program to provide ongoing web based support to those with acquired brain injury	The project based in Galway, offers nationwide support through its online presence at www.acquiredbraininjury.com	\$180,000
Extension to expand existing premises in Clonmel	Clonmel, County Tipperary	\$1.2m
New resource center	Sligo	\$2m

Rehab's Mission

To promote equality and to fight disadvantage through world-class services and initiatives.

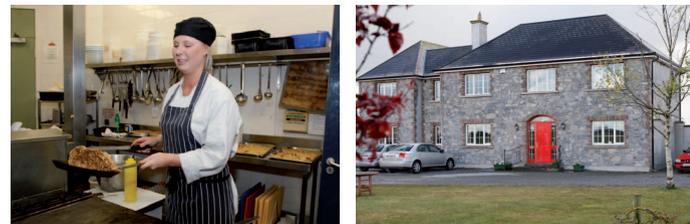
Rehab's Vision

A World of Equal Opportunities.



Rehab was founded in Dublin, Ireland in 1949, to support people who had suffered from tuberculosis. The founders of Rehab had a vision – to demonstrate that people could participate fully in their communities and live and work independently, irrespective of their disability. Today, Rehab Group has grown to provide essential services to more than 54,000 people and their families every year. In addition to its presence in every county and almost every major town in Ireland, Rehab also operates in England, Scotland, Wales, Poland and the Netherlands. This ensures that every year more people have the opportunity to expand their horizons and achieve greater independence, with our support.

Rehab: Investing in People, Changing Perspectives.



Contact details

Head Office Ireland: Rehab Group, Beach Road, Sandymount, Dublin 4, Ireland
 Telephone number: **00353 1205 7200**
 Fundraising Office: **00353 1210 0510**
 Website: **www.rehab.ie**



Chief Executive: Dr Angela Kerins
 e-mail: angela.kerins@rehab.ie

Director of Fundraising: Dr John McGuire
 e-mail: john.mcguire@rehab.ie

Head of Fundraising: Ms Pauline Crowley
 e-mail: pauline.crowley@rehab.ie

Project Manager: Mr Michael Hannon
 e-mail: mike.hannon@rehab.ie

Ways to support Rehab

Rehab is very proud of the work that it undertakes and of the support it receives to carry out this work. If you would like to see first hand what we do, please let us know when you'll be in Ireland next and we will arrange a visit for you to one of our centres.

If you would like to directly support the work of Rehab in Ireland you can make a donation at **www.ammado.com/nonprofit/rehab** or scan this code to be taken directly to the page



Rehab

Investing in People, Changing Perspectives

The Rehab Group
 Registered as a company limited by guarantee,
 Registered in Ireland, Registration number: 14800
 Registered Office: Roslyn Park, Sandymount, Dublin 4
 Charity number: CHY4940

Rehab

Investing in People, Changing Perspectives



and now reaching out to the United States

About Rehab

Rehab is a leading non-governmental organization supporting adults and children with disabilities and other people who are marginalized to achieve their potential in life.

Over 200 high-quality services are provided throughout Ireland to people with physical, sensory and intellectual disabilities. We also deliver programs to those with mental health difficulties and others who may find themselves marginalized from society. Rehab works in partnership with the Irish health service (Health Service Executive) and FÁS, the State training agency.

Every year, over 2,500 Rehab staff support more than 8,000 people in Ireland providing the following services:

- **Respite care**
- **Day services via resource centers**
- **Home-based services**
- **Residential and outreach services**
- **Supported accommodation**
- **A school for children with autism**
- **Training, education and employment access programs**
- **Sustainable employment in a supportive and enabling environment**
- **HeadsUp – mental health promotion and suicide prevention program aimed at 15 to 24 year olds**

Rehab provides employment to people with disabilities across a range of commercial businesses in the retail, recycling and logistics sectors.



Why people use Rehab's services

People use Rehab's services to help them to achieve what they want to in life. We support people every day to improve the quality of their lives. We help them to decide what they want to achieve, and then support them to do so, through our social care, training, education and employment programs. Through Rehab's services, people can take a more active role in their communities. We enable them to make the most of their skills and talents and to live more independent lives.

'I have autism and before I started the program, I was shy and mainly interacted with others through playing sport. Sporting Chance has provided me with a huge range of coaching and instruction skills, as well as helping me to develop my communication and interpersonal skills. My confidence has greatly improved.'

David, National Learning Network, Tralee

Sporting Chance is a program designed to enable students to build a career as future coaches, leaders and managers in the sports and leisure industry.



Who uses Rehab's services?

Those who currently use our services include people of all ages, who experience:

- **Physical, sensory and intellectual disabilities**
- **Mental health difficulties**
- **Autism**
- **An acquired brain injury**

A range of services is also provided to older people, carers and others who are marginalised. Rehab works with children and adults and can provide support to them throughout their lives or for more specific periods as needed.

Rehab's suicide prevention programme, HeadsUp is accessed via the internet and SMS as well as through local communities. The website www.headsup.ie enables young people to access a range of online services to find support on issues that may be troubling them, ranging from mental health difficulties to managing money problems.

Through community programs such as ASIST and Life Skills we deliver support directly to young people who are struggling to better cope with today's pressures and enable others to support them in times of distress.



'My life in my apartment is totally independent. I ensure all my bills are paid up to date and I do all my own washing and household chores. I make sure that my fire alarm is in proper working order by checking it every week.'

Mick, Independent Accommodation, Dublin

What difference does Rehab make to the lives of those it supports?

Rehab supports people to make their own choices, to imagine the life that they want and then supports them to achieve the goals that they set for themselves. Every service is unique to the individual who receives it, and tailored to the client's needs, wishes and aspirations.

Every person has a personal plan, drawn up with the support of Rehab's staff and their own families or support structure, which helps them to acquire the skills they need to live as independently as possible in their community. Goals can range from understanding basic hygiene to cooking, learning to manage their own money and pay bills. People using Rehab's services are supported to explore new ideas and have new experiences. Many of the activities people take part in occur in their local community and work towards building independence and self-confidence, by enabling people to experience things that many of us take for granted.

'I think Rehab Recycle is a lovely company to work for and I enjoy the work I do. I hope to spend many more years working for them.'

James, Rehab Recycle, Tallaght

