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A Foundation of Facts at your Fingertips!

Finally...a reference guide that is easy to understand
and cutting-edge

This Clinical & Environmental Wellness Tool is a
must for women of all ages, teens and men too!

Breast Cancer-the notebook is ideal for the newly diagnosed or those wishing to take a preventative approach towards health and wellness.

This must-have reference guide incorporates facts from over 100 sources offer hope and suggestions on how to easily implement dietary and lifestyle changes that will help you to let healing begin.

Contributions by Dr. Merrick I. Ross, M.D., F.A.C.S., and Professor of Surgical Oncology MD Anderson Cancer Center in Houston provide an insightful medical perspective. Widely recognized as one of the best physicians in his field; he is a staunch supporter in this project.

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with Hope

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